

Spring Table Runner

On a rigid heddle loom



Designed by Kelly Casanova 2018

MATERIALS AND NEED TO KNOW-

The direct warping method is used for this project.

This pattern assumes that you have some experience weaving and are familiar with the basics of warping, threading etc. If you need help with warping, you may wish to purchase my Warping for beginners video here -

https://kelly-casanova-weaving-lessons.teachable.com/p/video-library/?preview=logged_out

What you need:

- *Rigid heddle loom 20" weaving width or wider
- *1 x 7.5 dent heddle
- *2 stick shuttles longer than the width of the project.
- * 1 pick up stick longer than the width of the project
- *Reed and threading hook
- *Tapestry needle for hemstitching

Yarn:

10 ply (worsted, aran) cotton in cream

8ply (light worsted, dk) cotton in blue

8ply cotton in pink (very small amount for floral garland)

8ply cotton in yellow (very small amount)

Embroidery floss in green (very small amount)

Amounts needed-

Warp-

Cream colour - 140 grams, Blue colour - 30 grams

Weft-

Cream colour- 100 grams, Blue colour - 50 grams

I used 10 and 8ply cottons from Bendigo Woollen Mills here in Australia. I

suggest that you use <http://www.yarnsub.com> to find suitable alternatives if needed.

PROJECT INFORMATION:

Sett: 7.5

Length of warp: 88 inches, 2.5 yards

Finished length of project: 62 inches (not including fringes)

Width on the loom: 20 inches

Ends: 150 (75 slots)

Weave structure - Plain weave, various pick up techniques

Fringes- Your choice - cut short, cut long or twisted

Wet finishing - Soak garment in warm, mildly soapy water (don't agitate) for at least 1 hour. Watch out for running dyes, check the runner every 15 minutes. Warm rinse, press out excess water between clean, dry towels, gently pull into shape and dry flat in shade.

*Please take the time to read through all the project pages before commencing so the instructions are clear in your mind. I suggest you print out or have handy to view, these instructions to refer to along with video.

Warping:

Begin with - 4 slots blue, 2 slots cream, 4 slots blue.

Middle- 55 slots cream

Finish with - 4 slots blue, 2 slots cream, 4 slots blue.

Threading:

Thread as for plain weave - one thread in the slot, one in the hole to the left. Tie directly on to the apron rod or lash on if you prefer.

Weaving:

After separating your warp with either cardboard sticks or waste yarn, begin weaving. Make sure you leave a tail at least 4 x the width of the scarf for hemstitching.

Begin:

Weave 3 inches of plain weave in cream.

2 picks of blue.

Stop to hemstitch. If you need help with hemstitching, please access my free video here-

<https://www.youtube.com/watch?v=gogJgvjweqQ&t=2s>

Now on to the floral garland border sequence!

Pick up: We do not include the side borders in our pickup.

We begin with the pink flowers

1. Heddle neutral. Pick up in front of heddle. Count in under 12 warp threads (don't include the borders in your counting). Go over 2 warp threads. Under 15, over 2. Repeat under 15, over 2 until you reach the border on the others side. Weave as shown in video 1.
2. 11 up (U), *4 down (D), 13 U, 4D, repeat from * to border on other side.
3. Repeat row 2
4. Repeat row 1

Yellow flowers sequence:

1. 20 U, *3D, 14U, 3D, 14U, repeat from *
2. 19U, 5D, *12U, 5D, repeat from *
3. Repeat row 2
4. Repeat row 1
5. 21U, *1D, 16U, repeat from *

Follow with

- 2 picks cream
- 2 picks blue
- 5 inches cream

At this point, stop and finish your flowers with the extra embroidery, if you wish.

Main pickup sequence:

Heddle in down position. Insert the pick up stick into the shed, going past the edge border.

1. 1D, 1U x 4 times
2. 10 U
3. 2D, 1 U x 7 times
4. 10 U
5. 1 D, 1 U x 3 times
6. 1 D

Weaving Sequence Pattern:

1. Up (cream)
2. Neutral, stick on edge, blue
3. Repeat 1 & 2 for a total of 5 repeats.
4. Plain weave (cream) x 4
5. Neutral, stick on edge, blue
6. Repeat steps 4 & 5 for a total of 5 repeats
7. Finish off last pattern pick with 4 picks of plain weave.
8. Go back to step 1 and repeat these patterns until you have reached approximately 50 inches, ensuring you finish with the sequence from steps 1 & 2.

Flower garland border:

We will work the flower garland border again, but this time in reverse.

Weave 5 inches of cream in plain weave.

2 picks of blue.

2 picks cream.

Yellow flowers sequence:

1. 21U, *1D, 16U, repeat from *
2. 20 U, *3 D, 14 U, repeat from *
3. 19 U, 5D, *12 U, 5D, repeat from *

4. Repeat row 3

5. Repeat row 2

Pink flower sequence:

1. 12 U, 2 D, *15 U, 2 D, repeat from *

2. 11 U, 4 D, *13 U, 4D, repeat from *

3. Repeat row 2

4. Repeat row 1

2 picks cream in plain weave.

2 picks of blue in PW

3 inches of plain weave in cream

Hemstitch. Remove from loom, leaving fringes. Needle weave any loose tails and if twisting fringe, do so before wet finishing. Follow the wet finishing instructions on page 4.

When dry, press with a warm iron and trim fringes to desired length.

I hope you enjoyed this project!

Did you know that I have an online weaving school?

www.kelly-casanova-weaving-lessons.teachable.com

My free Youtube channel can be found here-

<http://www.youtube.com/kellycasanova>

And my website can be found here-

<http://www.kellycasanovaweavinglessons.com>

There is also an active and informative Facebook group, we would love to have you join! -

<https://www.facebook.com/groups/1568442459896214/>

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Thank you for respecting my creative work.

Don't forget my blog for updates: <http://www.kelly-casanova.blogspot.com.au>

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